

OASF BRIDGE

November–December 2023



BULLETIN BOARD



Thanksgiving Day Marathon Meeting

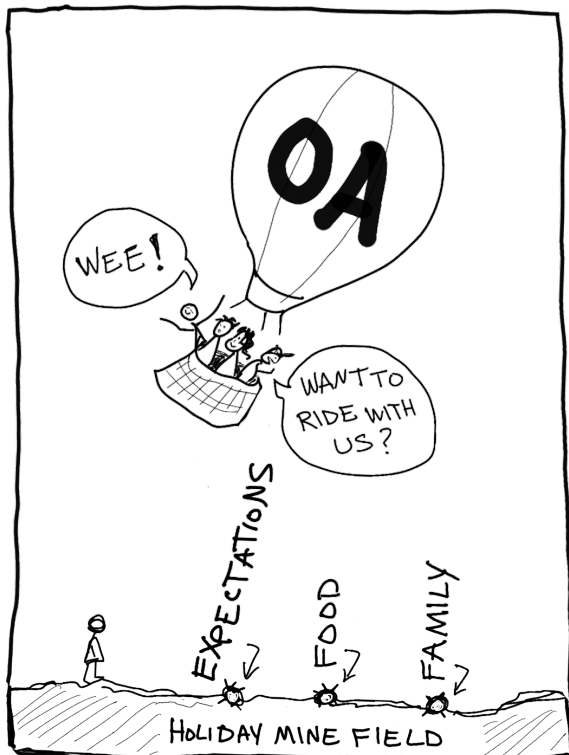
Thursday, Nov 23 at 9:30–11:00am
UCSF, 1855 Folsom Street, San Francisco
Entrance on 15th street through parking lot
format: 2 speakers + sharing + fellowship
more @ oasf.org/events

Reflections on Relapse & Recovery

Tuesday, Dec 12 at 6:00–7:00pm
VIRTUAL EVENT hosted by
SF Twelfth Step Within Committee
more @ oasf.org/events

OASF Speaker Podcast

Recordings from speaker meetings.
oasf.org/podcast



SF IN-PERSON OA MEETINGS

Monday, 6:00pm—All Welcome

Castro Country Club, 4058 18th St.
format: Literature or Speaker then Sharing
Lydia 206-351-6483

Tuesday, 7:30pm—Relapse & Recovery

CPMC Davies Hospital, 45 Castro, Room B3
format: Literature or Speaker then Sharing
Debra B. 415-518-4501

Wednesday, 6:30pm—Grace United

Grace United Methodist, 2540 Taraval St @36th Ave
format: Literature, Steps or Traditions Study
Paul 415-566-7473

Thursday, 6:30pm—Body Image & Sexuality

Coming as soon as we find a location!
Interested? text Trish: 415-609-1901

Saturday, 9:45am—Writing

CPMC Davies Hospital, 45 Castro, Room B3
format: Writing then Sharing
Kate C 415-827-3618

Saturday, 11:00am—Into Action

CPMC Davies Hospital, 45 Castro, Room B3
format: Literature or speaker then sharing
Miriam 415-216-5900

SF VIRTUAL OA MEETINGS



Multiple Meetings
EVERY DAY on
oasf.org/meetings

SF Intergroup of Overeaters Anonymous

P.O. Box 470232, SF, CA 94147
bridge@oasf.org, 415-236-0126

Monthly meeting: 2nd Saturday 9:30–11am
@CPMC Davies Hospital, 45 Castro st., B1
email: chair@oasf.org for agenda & details

QUESTIONS ABOUT
OVEREATERS ANONYMOUS?

Free Newcomer Pamphlet

